

Medi-Cal Choices

For People with Disabilities and Seniors In San Francisco County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in San Francisco County and are a person with a disability or a senior,
you can choose to be in Regular Medi-Cal, Anthem Blue Cross,
or San Francisco Health Plan.

Anthem Blue Cross and San Francisco Health Plan
are Medi-Cal Health Plans.

If you join one of these plans, you still have Medi-Cal.

To learn about the Plans in your county, call

Anthem Blue Cross: 1-800-227-3238

San Francisco Health Plan: 1-888-558-5858

For more information, call

Health Care Options: 1-800-430-4263

Regular Medi-Cal: There is no phone number to call.

Please look inside for more useful phone numbers.



Your Medi-Cal Choices in San Francisco County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Anthem Blue Cross or San Francisco Health Plan, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll over the phone.
- If you want to stay in Regular Medi-Cal, do not do anything.

| | Medi-Cal Health Plans | | Regular Medi-Cal (No phone number) www.medi-cal.ca.gov | See page: |
|--------------------------------|--|--|--|--------------|
| | Anthem Blue Cross 1-800-227-3238 www.anthem.com/ca | San Francisco Health Plan 1-888-558-5858 www.sfhp.org | | |
| Basic Services | | | | |
| Basic Medi-Cal Benefits | Same | Same | Same | p. 6 |
| 24-Hour Advice Nurse | Yes | Call your doctor or clinic. | No | p. 12 |
| Customer Service Phone Hours | Mon–Fri 7:00 am–5:00 pm | Mon–Fri 8:30 am–5:30 pm | None | p. 33 |
| Interpreter Services | Yes | Yes | Call your doctor or clinic. | p. 28 |
| To Get a List of Covered Drugs | 1-800-700-2541 | Ask your doctor or pharmacist. | Ask your doctor or pharmacist. | p. 14 |
| Costs to You | | | | |
| Cost for Doctor Visits | \$0 | \$0 | \$0 | p. 8 |
| Cost for Drugs | \$0 | \$0 | \$0–\$1 | p. 8 |

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-888-246-3333.

| Anthem Blue Cross | San Francisco Health Plan | Regular Medi-Cal |
|---|---|---|
| <ul style="list-style-type: none">• California Pacific Medical Center–California, Davies, and Pacific Campuses• Chinese Hospital• San Francisco General Hospital• Seton Medical Center• St. Francis Memorial Hospital• St. Luke’s Hospital• St. Mary’s Medical Center• UCSF Medical Center | <ul style="list-style-type: none">• California Pacific Medical Center–California, Davies, and Pacific Campuses• Chinese Hospital• San Francisco General Hospital• St. Luke’s Hospital• UCSF Medical Centers | <ul style="list-style-type: none">• California Pacific Medical Center–Davies and Pacific Campuses• Chinese Hospital• San Francisco General Hospital• St. Francis Memorial Hospital• St. Luke’s Hospital• St. Mary’s Medical Center• UCSF Medical Center |

Some people with Medi-Cal through San Francisco Health Plan can go to Kaiser Permanente. Kaiser is only available to a limited amount of people. You may be able to go to Kaiser if you have had coverage through them in the last 6 months and you do not have any other health insurance.

Useful Phone Numbers

Denti-Cal

1-800-322-6384

For information about dental care that is covered by Medi-Cal for people under age 21

San Francisco Department of Aging and Adult Services

1-415-355-6700

For information and referrals to many services for people with disabilities and seniors

San Francisco County Community Behavioral Health Services

1-888-246-3333

For information about Mental Health Services

Alcohol and Drug Programs

1-800-750-2727

For help with alcohol and drug problems

